



# Hoover Youth Flag Football

## Frequently Asked Questions

Grades 3rd and 5<sup>th</sup>

[hooveralabama.gov](http://hooveralabama.gov)

**TO REGISTER** Visit [hooveralabama.gov](http://hooveralabama.gov) online or the Hoover Metropolitan Stadium in person

**Cost** \$115 - City of Hoover residents only

\$125 – Non Residents

### PRACTICES

**Start Dates** Practices begin the week of Monday, Aug. 17

**Practice Day** Practice will be one day per week on Monday, Tuesday, Wednesday, Friday or Sunday

**If there is a day you cannot practice, please put the day/days you cannot practice in the comment section when you fill out your registration information.**

**Times** Practices will be scheduled by age group at either 6:00 or 7:30 pm

**Locations** Practices will be at the Hoover Met, Spain Park or Hoover East

**Practice Length** 90 minutes once per week

### GAMES

**Games** All Games are on Thursday Evenings at the Hoover Met Sports Complex. Game times are at 6pm, 7pm or 8pm.

**Game Dates** **Thursday Regular Season Below. Championship Games will take place on Nov 5**

Thursday, Sept 10

Thursday, Oct 8

Thursday, Sept 17

Thursday, Oct 15

Thursday, Sept 24

Thursday, Oct 22

Thursday, Oct 1

Thursday, Oct 29

**Schedules** Official schedules will be posted at [quickscores.com/hoover](http://quickscores.com/hoover)

**Postseason** Post-season tournament is included in the registration fee. Dates and sites are TBD.

**Picture Day** **Thursday, Sept 24<sup>th</sup>**

Coaches will be responsible for distributing order forms to parents prior to the first game. There is a free picture package that is included in your registration fee.

**Uniforms** Please double check the size you order (sample clothing will be available at sign-up). A dry fit jersey will be provided. Exchanges due to size are not available.

**Jerseys must remain tucked in during games.** Mouthpieces are required

**Games** Parents are encouraged to bring lawn chairs to the games.

**Notification** Coaches will be responsible to contact each player parent once assigned to his/her team.

**Weather** Games will take place on turf fields. Games will be played in the rain. Games will only be cancelled due to lightening.

**Background Screening** - All coaches are required to complete a background check prior to the season.

**Coaches are needed** - Coaches are needed for all age divisions. If interested in coaching, please contact:

For more information: Brent Solberg  
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